



news and information  
for employees of the  
City of Saint Paul

**May 3, 2002**

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*Randy Kelly*

### **Councilmembers**

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President*

*Jay Benanar*

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*Patrick Harris*

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*City Update*

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## **WaterFest 2002**

### **— a free family festival**

Saturday, May 18th

10 am - 3 pm

Phalen Park Pavilion

Wheelock Parkway  
and Arcade St.

Families from around the Twin Cities are invited to a day of lakeside fun at WaterFest 2002 to be held at Lake Phalen May 18 between 10:00 am and 3:00 pm.

Sponsored by the Ramsey-Washington Metro Watershed District and other partners, WaterFest is a celebration of our clean lakes and an opportunity for hands-on learning about the wildlife, water quality and special ecological features of our beautiful watershed.

Highlights of WaterFest activities include:

- On-the-lake education on our "floating classroom"
- Voyageur canoe rides
- Fishing, stream monitoring and kayak lessons
- Face painting, skits and clowns
- Watershed Awareness Expo: student and professional exhibits
- Tours of Lake Phalen, water

treatment, restoration and historic sites

- WaterFest Celebration in Song by Larry Long and Amy Bryant
- Student dramas
- Food and Fun

Everyone can play a role in protecting our water resources. At WaterFest 2002 we will help families make the connection between activities in our neighborhoods and the health of local lakes, streams and wetlands.

This free event is also an opportunity to celebrate spring and enjoy one of the lakes that makes our area a great place to live!

The Ramsey-Washington Metro Watershed District is bounded by the I-694/494 corridor and 35E and the Mississippi River, which encompasses sections of North St. Paul, Maplewood, White Bear Lake, Vadnais Heights, Little Canada, Oakdale, Woodbury, Landfall, Gem Lake and St. Paul.

The District manages stormwater with the goal to protect and improve the areas many lakes and other water resources. Website address is [www.rwmwd.org](http://www.rwmwd.org).

## **Alcohol awareness**

If you are concerned that you may have a problem with alcohol, or if you're worried about someone else, it's important to know about the warning signs of substance abuse and how to find help.

If you have children, take the time to take a few minutes to talk about

alcohol abuse with them. Recent studies show that teenagers drink alcohol with alarming regularity—one recent study found that 41 percent of 9th graders, and nearly 62 percent of 12th graders say they currently use alcohol. Talk to your teenager about the warning signs of alcohol abuse, and make sure both of you know

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[www.ci.stpaul.mn.us](http://www.ci.stpaul.mn.us)

*Places to go. Things to do.*

[ilovesaintpaul.com](http://ilovesaintpaul.com)

## ALCOHOL AWARENESS from p. 1

how to get help.

Substance abuse affects people from all walks of life—professionals and manual workers, males and females, rich and poor—and it can have devastating effects on work, relationships, mental and physical health, and finances. But the good news is that substance abuse is treatable. If you answer yes to any of the following questions (for you or for someone you know), there could be a drug or alcohol abuse problem:

- Do you think often about abusing alcohol?
- Have friends, family members,

or co-workers expressed concern about your use of alcohol?

- Has your use of alcohol has a negative effect on your relationships, your job, your health, your recreational activities, or your finances?
- Do you or others notice a significant change in your personality when you are using alcohol?
- Does your behavior change when you are using alcohol?
- Have you driven a vehicle while under the influence of alcohol?
- Is it hard for you to stop using alcohol even when you really want to?

Alcohol abuse is a progressive

disease, which means that it continually gets worse. The long-term effects of alcoholism can include cirrhosis of the liver, increased risk of cancer, heart disease, and damage to the brain. Continued alcohol abuse can also lead to mental health problems, family conflicts, loss of friendships, financial problems, and problems at work. The sooner you or someone you are worried about gets help, the better the chances of avoiding or limiting long-term problems. There are many forms of treatment available for alcoholics, including:

- Educational classes to learn about alcohol abuse
- Support programs like Alcoholics Anonymous
- Detox programs
- Outpatient treatment programs
- In-patient, or residential treatment programs
- Halfway houses

The first step in getting help is getting a formal assessment which requires an evaluation by a licensed or certified chemical dependency counselor or mental health professional. If you are worried about your alcohol use, or about someone you know, get information by speaking with your health care provider or the HealthPartners Employee Advisory Resource (EAR) at 1-800-659-7594. EAR is available to all City employees and their family members 24 hours a day, 365 days a week.



## Find your dream home

Why buy or sell a home with any run-of-the-mill agent, when you can work with someone you trust? CCCU is a part owner in CU Companies, which assists credit union members in buying and selling their home. Their real estate professionals will guide you every step of the way – from finding the perfect home and making an offer to closing the sale.

- \*First time home buyers welcome
- \*Home buying assistance is free
- \*They'll sell your house for thousands less at a low 4.25% fee.
- \*Monthly home buying seminars

(free) that will help you navigate the mortgage process, and a CU Realty REALTOR will be there to answer your home-buying questions.

Monthly seminars are at three convenient locations. All seminars start at 6:00 p.m.

- CU Companies at 500 Main Street, New Brighton on May 16 and June 20.
- St. Paul Schools Administration Building at 360 Colborne St., St. Paul on May 13 and June 10.
- City-County Federal Credit Union at 11110 Greenbrier Road, Minnetonka on May 22 and June 19.

Seating is limited. For reservations, please call 651-631-3111.

City & County and CU Companies are equal housing lenders.

## City job openings as of May 3rd, 2002

Application deadline	Job title	Yearly salary rate	Exam date
Open	IS Systems Support Specialist IV	\$1,640.13	See Job Ann
Open	Senior Pool Attendant (seasonal)	\$9.79 per hr	See Job Ann
Open	Swimming Pool Supervisor (seasonal)	\$11.37 per hr	See Job Ann
Open	Water Safety Instructor & Life Guard (seasonal)	\$8.25 & \$7.75 per hr	See Job Ann

Please Note: Mayor Kelly has announced a hiring freeze for the City of Saint Paul. The testing and application process will be continuing for certain positions, and hiring decisions will be made on a case by case basis. The City does anticipate that some exceptions to the freeze will be approved, particularly for certain seasonal/summer positions. You are encouraged to continue your interest in City employment by completing the job application process.

Note: Call or visit the Office of Human Resources to receive the official job announcement for these positions. Location: 400 City Hall Annex. Phone: 651-266-6500 (TTY/TDD 651-266-6501) or visit the web site: [www.ci.stpaul.mn.us/jobopenings](http://www.ci.stpaul.mn.us/jobopenings). For jobs announced after April 25th, please call our 24-hour job line, 651-266-6502.